

Instructions for Life Balance Wheel

- 1. Circle the number that best represents your level of satisfaction in the eight different areas of the wheel (7=completely satisfied; 1= completely dissatisfied) Connect the dots. The rounder the wheels, the more satisfaction you have in your work and life.
- 2. E-mail Diana to schedule a free ½ hour consultation to discuss the results. Diana@savvylifeskills.com

Life Satisfaction Wheel

